

What You Have

SPARK Manual

- **ASAPs**
 - One Cooperative ASAP used for a warmup prior to activities in this unit.
- **Lessons**
 - 19 Cooperative Activities sequenced by level of difficulty.
- **SPARK Event Experience**
 - The SPARK Cooperatives Event is a multi-day experience designed to extend student learning opportunities through enjoyable and meaningful context.
- **Inclusive Strategies**
 - Instructional tips and equipment suggestions to help meet the needs of all students.
- **Supplemental Lesson Content**
 - **Reflection Questions:** discussion questions are provided to reflect on what students have learned.
 - **Teaching Suggestions:** instructional hints from SPARK PE specialists who have instructed the activity before. Read prior to teaching for the “inside scoop.”
 - **SPARK It Up!:** variations provide extensions to address the developmental needs of students.
 - **Integrations:** ideas to connect PE to academic content, wellness concepts and promotion of physical activity outside of school. Can be read to students during warm-up, transitions, or cool-down.
 - **Standards:** indicates which national PE standards and grade level outcomes are addressed.
 - **SEL Competencies:** Shows the lesson’s alignment with CASEL’s SEL competencies and related skills.
 - **Vocabulary:** a list of words used to highlight academic content during the lesson.
 - **Teacher Reflection:** space to share how the lesson went & what modifications could be made next time.

SPARK Instructional Media

- **Sample Unit Plan**
 - A grade level specific 15-day sample Unit Plan is provided for 6th, 7th, and 8th grades and can be used as written or modified to suit our needs.
- **Skill Cards**
 - Half-sheets with depictions of skills to create stations, use as visuals for learning, etc.
- **Task Cards**
 - These include instructions for the Adventure Race and Create a Routine activities.
- **Leveled Assessment Choices**
 - Assessment options include both cognitive and skill-based assessments along with suggestions for individual student portfolio development.
- **Limited Equipment/Large Class Ideas**
 - Ideas for how to use the activities when faced with limited equipment or large classes.